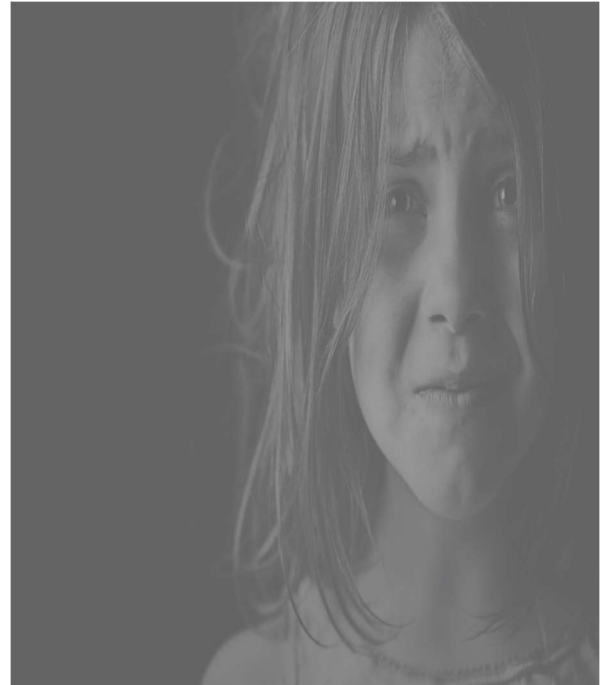


Trauma 101

Understanding Trauma, Resilience and Trauma-Informed Approaches

A basic understanding of the impact of psychological trauma helps in a broad array of interventions and treatment. This training provides a foundational overview and awareness of trauma, resilience, and trauma-informed care for anyone in the community who interacts with individuals and families who may have experienced trauma, including case managers, human services professionals, educators/school administrators, the faith community, employers, government agencies, and others.



After this session you will:

- Have a shared understanding and language around trauma.
- Increase your awareness of trauma and its prevalence so you are better able to identify examples of traumatic events.
- Create a shift in thinking highlighting the prevalence of trauma histories among people that you serve.



Presented by:
Amanda Hampton, OCPS—Madison County Prevention
Funded by the Mental Health and Recovery Board